

SPURTS Chronicle

#### n in pictures



Ten-year-old Trent Thorne pounds out the gruelling 42 km course. With Trent is Magnus Hafsteins. Trent and Stewart Lincoln, who recorded 5:06.15 were the joint winners of the youngest competitors to complete the course. Trent finished 99th in 4:08.40. Hafsteins was 93rd in 4:01.50.

#### Placings

Monday, October 31, 1983

MALE — Open: Bith Wingle: 129:23: 1) Priest Boungarie 73:42. White 129:23: 1) Priest Boungarie 73:42. White 129:23: 1 Allow and dare Wingle 20:29:29: 1 Allow and dare Wingle 20:29:29: 1 Allow and dare Wingle 20:29:29: 1 Allow and dare 20:29:29:29: 1 Allow and dare 20:29:29: 1 Allow and dare 20:29:29: 20:29: 2

Total Wingle 129-221. Prese Bourgaries 2.34:55.
Solient Crosset 2.34:60, Grammer Woody 2.79, 21,
Rein Leenuis 2.34:69, Grammer Woody 2.79, 21,
Rein Leenuis 2.34:69, Grammer Bins. 2.40:50, Itelant
Opin Houssen 2.31:49, Crossen Bins. 2.40:50, Itelant
Confliction 2.51:34, Tony Gillom 2.54:44, John
Anchell 2.55:07), John Lamber 2.55:77, Ference
Dalley 2.56:45, John Armstrong 2.56:50, Thomas
Dayres 2.56:45, John Armstrong 2.56:50, Thomas
Dayres 2.56:45, Lein Riches 2.97:01; Byons Bhodes 2.99.15; Vincent Murdoch 3.01.34; Gordon Coie 3.02.05; Les Kellohan 3.03.07; Murray Maybarry 3.05.44; Allan Andrews 3.06.47; Michael Smith 3.08.45; Robert Town 3.08.46; Greg Anderso 3.09.01; Jack Weeks 3.09.22; Bevan Bisho 3.09.29; Peter Huthwaite 3.10.45; Wayne Dwye 3.13.14; Kerry McSweeney 3.13.15; John Alla 3.14.21; Stephen Godsen 3.14.36; Louis Aria 3.15.22; Lochlan Jurd 3.15.46; Brian Richar 3,15,22; Lochlan Jurf 3,15,46; Brian Richar 3,16,33; Keith Brown 3,16,33; Bruce Hargra 3,17,20; Scott Rogan 3,17,22; Boilaloff 3,17 Stephen Buchanana 3,17,31; Maurice Ca 3,17,44; George Christinson 3,18,39; Ge Robinson 3,19,21; Eric Brandes 3,19,43; Je Davidson 3.20.00; Mark O'Brien 3.20.20; W Davidson 3.20.00; Mark O'Brien 3.20.20; 9 Putland 3.21.38; Barry Traynor 3.22.06; 5 Cooke 3.23.21; Robin Coates 3.23.32; Colin 3.23.34; Leslie Hills 3.26.07; Bruce E 3.26.45; M. Booth 3.27.25; Robert Muller 5 Wayne Crawley 3.33.34; Stepen George 3.33.50; Roger Hawkins 3.34.13; Sand 3.35.00; Graham Simmons 3.35.23; V 3.36.06; Leslie Crow 3.36.21; Michael 3.37.18; Laurie Storm 3.40.04; Peter Hoa William Deen 3.41.33: Tracey McGowa Malcolm Ferguson 3.42.16; Lindsay La' Trevor Peake 3.45.46; Matthew Geurts John McInnes 3.46.11; Malcolm Al Ronald Neilan 3.46.28; Ian Mi Raymond Murr 3.48.18; Denis Conr Peter Jefferies 3.49.34; Jill He Michael Kay 3.52.35; Roger Fraser Williams 3.53.22; Gregory Ho' Jeanette Clarke 3.53.48; Jack C Trevor Baldock 3.55.32; Jonathon Roger Cater 3.59.28; Trevor Magnus Hafsteins 4.01.50; Kerry I James Bosdriesz 4.04.25; Robert Andrew Cooke 4.05.52; lan Gi Thorne 4.08.40; Charles Vo Petersen 4.13.12; Ronald van Peter Fredericks 4.13.37; Davi Todd Reithmuller 4.18.43; 4.21.06; Clive Armitage 4.21 4.22.22; Bob Emerton 4. 4.28.24; Ion Anderson 4.3 4.32.37; Ronald Green 4 4.33.53; Donna Cooney 4.34.43; Rob Davis 4.49. 4.51.12: Brett Coburn 5.06.15



#### Trip dates April/May 2023

- Arrive in Kathmandu trip prep, gear checking 2 days;
- Flight to Lukla to start hike to Everest Base Camp (5,300m) – approx. 65 kms – 10 days;
- Base Camp rest period, acclimatisation and icefall training – 10 days;
- First rotation Base Camp to Camp 2 (6,500m) back to Base Camp – 7 days;
- Rest period at Base Camp approx. 7 days;
- Second rotation Base Camp to Camp 3 (7,300m) back to Base Camp – 5 days;
- Rest period at Base Camp approx. 10 days;
- Third rotation Base Camp to Everest summit (8,848m) via Camp 4 (8,000m) back to Base Camp – 7 days.

## Camp locations



## LinkedIn post



We now have our climbing plan, which is as follows:

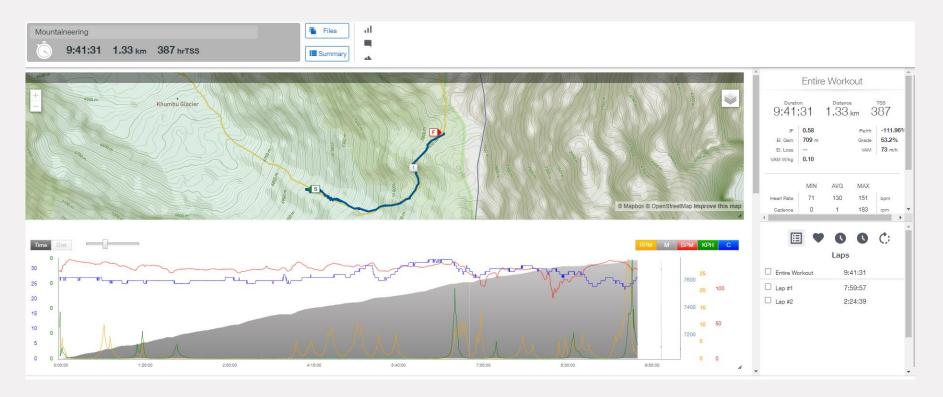
- 1. Depart Everest Base Camp on 18 May 2023 heading to camp 2 this will be a tough day as we will not be stopping at camp 1 (which we did on rotations 1 & 2) should take about 15 hours:
- 2. 19 May 2023 rest day camp 2 (6,500m);
- 3. 20 May 2023 climb to camp 3 (7,300m);
- 4. 21 May 2023 climb to camp 4 (8,000m) at the South Col, which should take about 6 hours (this will be all new terrain for me). Rest for the afternoon/early evening as we will be departing for the summit at 10pm;
- 5. 22 May 2023 climb to summit of Mt Everest (8,848m) all things going to plan, hopefully we will arrive at sunrise. Spend 30 min on the summit and then head back to the South Col for a well earned rest;
- 6. 23 May 2023 climb to the summit of Lhotse (8,516m). This should take about 6 hours, and I will then descend all the way back to camp 2;
- 7. 24 May 2023 descend back to Everest Base Camp.

As I have said before, Adventure Consultants will prove updates of our progress up the mountain (https://lnkd.in/gAQdFEJc). On summit days, the updates will be more regular, and you will know exactly where we are on the ascent.

Thank you to everyone who has provided support and well wishes along the way - I have been quite overwhelmed with the support and I look forward to catching up with everyone when I return.

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### Quite the day ...





# Angry little man

